

# EMPOWERING INDEPENDENCE WITH ALLIED HEALTH ASSISTANTS

Sense of Care provides dedicated and professional NDIS Allied Health Assistants (AHAs), working collaboratively with allied health professionals to enhance your quality of life and help you achieve your goals.

## Step 1 IDENTIFY AN AHA WHO SUITS YOUR NEEDS

Work with Sense of Care to identify an Allied Health Assistant (AHA) whose skills, expertise, and personality align with your therapy goals and personal preferences.



## Step 2 INTRODUCTORY SESSION WITH AHA AND YOUR ALLIED HEALTH PROFESSIONAL

Attend an initial session where you, your AHA, and your Allied Health Professional collaborate to establish a relationship, discuss your goals, and set expectations.



## Step 3 IF THE FIT IS GOOD, AHA ENGAGED

If you feel comfortable and confident with the AHA, they are officially engaged to work with you. This ensures everyone is on the same page before starting the therapy plan.



## Step 6 MORE FREQUENT THERAPY INTERVENTIONS

Your AHA delivers more frequent therapy interventions, ensuring you receive consistent and effective support tailored to your needs.



## Step 5 PROGRESS TRACKING AND FEEDBACK

Your AHA monitors your progress during sessions, identifies what works and what doesn't, and provides regular feedback to your Allied Health Professional for adjustments to the therapy plan.



## Step 4 THERAPY PLAN IMPLEMENTATION SESSION

The AHA works alongside your Allied Health Professional to implement a tailored therapy plan, outlining expected outcomes and milestones to track your progress effectively.



Get in Touch

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Sense of Care



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