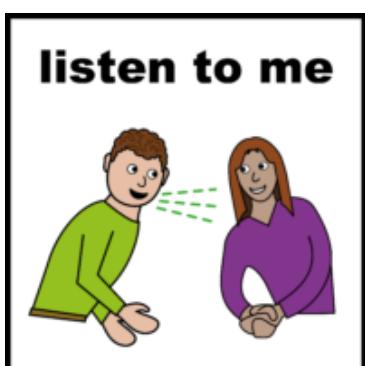
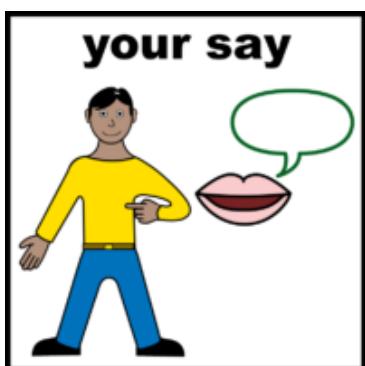




EASY READ - ADVOCACY



- This document will help you understand advocacy and who an advocate is.
- Advocacy is when a person publicly helps to promote, provide and protect your human rights.
- Advocacy can help your voice be heard and your wishes met.
- Sometimes you might find it hard to say what you want. You might want someone to: · support you · speak up for you · be your voice.
- An advocate can be that person. An advocate is someone who provides a public voice for you if you cannot or do not want to speak up yourself.
- You can ask someone you trust to be your advocate, like your: · mum or dad · brother or sister · close friend.
- Or you can ask a professional, independent advocate to help you and to be your voice. They can help you make good decisions and choices that are right for you.
- Your advocate should always: · listen and support you · take your side · help you make your own good choices and decisions.



EASY READ - ADVOCACY



- Your advocate can help you:
 - get ready for meetings
 - tell people/providers what you want
 - by signing documents for you.
- Importantly, your advocate can represent you and speak on your behalf and help you make a complaint.
- Your advocate must keep your information private.
- Sense of Care can help you find an Advocate.
Call us on 0490 723 381.